

FLEX SIGMOIDOSCOPY

Your procedure will be on _____

Arrive at _____ AM/PM

Your procedure will be with Doctor _____

Your procedure will be done at:

___ Kissimmee Endoscopy Center 715 Oak Commons Blvd Kissimmee, FL (407-931-2816)

___ Osceola Regional Hospital 700 W. Oak Street, Kissimmee, FL (407-846-2266)

___ Saint Cloud Hospital 2906 17th Street, St. Cloud, FL (407-892-2135)



710 Oak Commons Blvd. Kissimmee, FL. 407-846-6747

www.gaofla.com

IMPORTANT THINGS TO REMEMBER THE DAY BEFORE YOUR PROCEDURE

- A CLEAR liquid diet includes: -Water - Clear Broth, or bouillon, Coffee or tea (NO MILK), Strained fruit juices (NO PULP), Jello, popsicles, Gatorade. Do not take any red colored or purple Jello or drinks.
- If you suffer from constipation then you may take two (2) Dulcolax by mouth daily for two (2) days before your colonic prep.
- You may take your blood pressure medication the day of your procedure with a sip of water.

- **DO NOT** take any blood thinners for 5 days before your procedure, as you were told to stop before your procedure.
- **DO NOT** drive or do any hazardous work the day of your procedure.
- **PLEASE** bring someone to drive you back home.
- Please be advised that your stay can take up to 2-3 hours.
- **These prep instructions have been explained to me by _____ and I fully understand.**
Date _____ Signature _____

The day before your procedure :

- Today take A CLEAR liquid diet _____
- At 6^{pm} start taking the bottle of Magnesium Citrate.
- YOU MUST NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT
- The morning of you procedures take a fleet's enema.